

## WORSHIP

### **Suggested Worship Songs:**

Seasons of Love, Ancient of Days, Offering, I Offer My Life to You

## WELCOME

**Days of Your Life.** Count your age by days. If you will live up to 80 days, how many more days do you have?

## WORD

### **Psalm 90:12**

*“So teach us to number our days, that we may present to you a heart of wisdom.”*

Moses wrote the oldest Psalm as a prayer to seek God to teach them to number their days so that they may present to God a heart of wisdom. What can we learn from Moses’ prayer in Psalm 90? What does it mean to number our days? Let’s ask ourselves these three questions for application.

### **Whose counsel should we seek? (Psalm 90:1–11)**

Firstly, Moses looked at who God is and what He has done from generation after generation. He contrasted the nature of the eternal God with man’s frailty. Man is fragile and deteriorates as the days pass, but God is from everlasting to everlasting. Man is vulnerable and exposed as human being, and God is omniscient, nothing is hidden from Him. Man is prone to hurt even during his best years.

Moses started his prayer by looking at the eternal God and the frailty of man. Then he concluded that life is short, so he sought God’s counsel to number their days.

How do we apply this in our relationships, career, ministry, decision-making and in other areas of our life? Who do we seek for counsel? Seek counsel from God through His Word and surround yourself with Godly people who will point you to Jesus. Seek God also in quiet prayer and fasting for wisdom and guidance to know His will. Remember that the counsel you get will ultimately shape the decisions you make.

### **Why should we pursue wisdom?**

*(Psalm 90:12b; 1 Kings 3:10–13)*

The end goal for seeking God’s counsel is to live in the light of God’s wisdom. We can also learn from the wise King Solomon who sought God for nothing else but wisdom. God was pleased and responded by giving Solomon wisdom plus everything that he

did not ask for but he needed as a king – wealth, long life and power.

Solomon wrote that wisdom is better than jewels and any other desirable things (Proverbs 8:11–17). The fear of the Lord is the beginning of wisdom (9:10). Godly wisdom begets obedience which is God’s love language (John 14:15, 23–24). Seek Him first and His righteousness and all other things will be added unto you as well (Matthew 6:33).

Moses likewise didn’t pray to number his days to live wealthy, healthy or powerful but to pursue wisdom. Pursuing wisdom will please God, and will unlock His solutions to our concerns.

### **How do we number our days? (Psalm 39:4)**

Life is short, therefore be intentional. If we know and remember that life is fleeting and passing, then how do we apply it in our life? Suppose you have only one month to live, what would you do differently? After you have listed down your answers, the next question is, why aren’t you doing them now? (“One Month to Live” by Kerry and Chris Shook).

Some practical suggestions to do if you knew you only have one month to live:

#### **1. Live passionately.**

Set your priorities right and go all out for them. If you are a follower of Christ, married and with children, you knew that your priorities begin with God, then spouse, children, work and ministry and others. Do not be caught up even in the ministry that you let your work for God destroy the work of God in you. Pursue your top priority to build God’s kingdom, not your kingdom. Do you share the love of God with

## WORD (cont'd)

people and disciple them so that they too will share their experiences with others?

Living passionately does not however mean living recklessly or just enjoying life. A wise advice is to plan as if you will live forever, but live like it's your last day

### 2. Love completely

Let people truly experience Christ's love through you, forgive and make amends where needed (Romans 12:18). Express your love to the people who may not know that you love them. If you knew you had one month to live or the flipside, your loved ones had one month to live, would you still nitpick, quarrel or stress yourself out with them, or wouldn't you love them passionately and completely? Are there

### Discussion Questions:

*(Leaders: Please choose questions that are appropriate to the level of spiritual maturity of your members)*

1. **Live Purposefully.** Why did Moses seek God to teach them to number their days according to Psalm 90?
2. **Days of Your Life.** Go back to the Icebreaker, how did you live out the days of your age?
3. **Episode Next.** Looking back at the years of your life, what would you do or not do in the coming years? Explain why or why not.

## WORKS

### 30 Days to Live

Numbering our days means to value each day and to realize how precious it is and not to waste it away with regrets later.

If you knew you have 30 days to live, how would you live each day?

Plan out each day and list down what you would like to do on each one.

people we need to forgive or ask forgiveness from?

### 3. Learn humbly

Be willing to change and improve, to become more Christ-like. Swallow that ugly, pathetic pride. Be humble. Remember "He must increase, and we must decrease (John 3:30)."

Check your heart with why you do what you do. Sometimes we tend to be busy with a desire to expand the platform to serve, but deep inside it is our personal agenda. There are seasons in our life that we need to say no to good things to prioritize greater things.

### Weekly Prayer Points

#### I. Thanksgiving

- Worship God for who He is, what He has done, and what He will do in our lives

#### II. Country and the World

- Upright and moral governance of Public Servants and a God-centered Philippines
- Repentance and Salvation

#### III. Church

- That CCF Members would honor and love God and make disciples
- Elders, Pastors, Leaders, and Families
- Ministries and Churches worldwide

#### IV. CCF Facilities

- New Worship and Training Center
- Prayer Mountain

#### V. Personal Concerns

- Deeper intimate relationship with God
- Righteous living
- Salvation of family and friends